



Sprint Gala – Wednesday 7th July 2021
TIMETABLE

<u>Time</u>	<u>Event</u>	<u>Pool/Heat</u>
18:20	100m (Round 1)	Pool 1 (H 1-3)
18:30	100m (Round 1)	Pool 2 (H 4-6)
18:40	100m (Round 1)	Pool 3 (H 7-9)
18:50	100m (Round 1)	Pool 4 (H 10-12)
19:00	100m (Round 1)	Pool 5 (H 13-15)
19:10	100m (Round 1)	Pool 6 (H 16-18)
19:20	-	
19:30	300m	H (1-3)
19:40	400m	Pool 1 (H 1-2)
19:50	400m	Pool 2 (H 3-5)
20:00	400m	Pool 3 (H 6-8)
20:10	100m (Round 2)	Pool 1 (H 1-3)
20:20	100m (Round 2)	Pool 2 (H 4-6)
20:30	100m (Round 2)	Pool 3 (H 7-9)
20:40	100m (Round 2)	Pool 4 (H 10-12)